



Are You Stuck?

Can an escalator really be broken? If you're stuck in a fixed mindset, you probably believe that things cannot change, and that's when a change will help the most.

This video is about a broken escalator. How can an escalator really be broken? It's really just stuck. We all know stuck. Do you know Stuck has a sister, who is the complete opposite, named Stretch? Stuck and Stretch's mindsets are quite different. Often when you try to be like Stretch, Stuck's voice is sounding in your head. Do your sellers ever find themselves staying on a broken escalator when there are truly other options? Most problems are easy to solve, if you get off the escalator.

Movie Link (1:53)

<https://www.youtube.com/watch?v=Kq65aAYCH0w>

Motivational Discussion Questions

- What are our Broken Escalator situations? Brainstorm on solutions.
- Think about something you have considered doing, something that would be a stretch, that would put you outside your comfort zone. What actions can you take to achieve the stretch?